

CSIL APPROVED STANDARD TIME AND TASKS

The standard and approved times and tasks for CSIL applicants are based on the Fraser Health Home Support Guidelines (2009). These standard time allotments provide specific timeframes for each type of task. The allocation of time is the sum of all "actual time" required. **The actual time to perform these tasks may be "less" than the stated time allotments. Please do not assume all tasks are to be completed by the Employee IF a family/other is available to provide the care.**

Personal Care	Time Allotment in Minutes	Notes
<input type="checkbox"/> bath <input type="checkbox"/> shower	30 - 45	-includes clean up of area -standard is once weekly, more often if client has hygiene concerns or is incontinent
<input type="checkbox"/> sponge bath - full <input type="checkbox"/> sponge bath - partial	15 - 30	
<input type="checkbox"/> hair wash	15	
<input type="checkbox"/> hair comb/brush	5	
<input type="checkbox"/> oral hygiene, shave, hair	15	
<input type="checkbox"/> pericare without catheter	10 - 15	
<input type="checkbox"/> skin care	5 - 10	
<input type="checkbox"/> dress/undress	15	
<input type="checkbox"/> set up for personal care	5	
<input type="checkbox"/> toileting/changing incontinence product	10 - 15	
<input type="checkbox"/> change bed linens	15	weekly or as needed if incontinent
<input type="checkbox"/> light meal/snack preparation	10	includes clean up



Better health. Best in health care.

Health Related Tasks - may require additional time either daily or intermittently (occasionally)

<input type="checkbox"/> assist with eating/feeding	15 - 30	per meal
<input type="checkbox"/> mechanical lifts/manual transfers/repositioning	5 - 10	per task
<input type="checkbox"/> assist to access transportation	5 - 10	per task
<input type="checkbox"/> ordering/receiving groceries	10	once weekly
<input type="checkbox"/> laundry related to incontinence	15	per load
<input type="checkbox"/> safety maintenance - check food in fridge	5	Daily
<input type="checkbox"/> medication administration	5	per task
<input type="checkbox"/> O2 equipment maintenance	5 - 10	per task
<input type="checkbox"/> compression stockings	5 - 10	per task
<input type="checkbox"/> catheter care	10 - 30	per task
<input type="checkbox"/> therapeutic exercise/ ROM	10 - 15	for # of times per week as endorsed by professional rehab staff
<input type="checkbox"/> therapeutic exercise set up/take down	5	per task
<input type="checkbox"/> routine bowel care	5 - 10	per task
<input type="checkbox"/> ostomy care	10 - 15	per task
<input type="checkbox"/> tube feed and flush	5 - 15	per task
<input type="checkbox"/> ventilator equipment care CPAP	10 15	for daily checks per week for weekly changes
<input type="checkbox"/> suctioning/assisted coughing	10	per task