

Moving Out

Session 1: Housing Options



About Paul

- Paul's story
- Paralympian
- Founder of CSIL
- Executive Director of Individualized Funding Resource Centre Society

Housing Options Presented

- Hospital
- Facility such as George Pearson, [there's always a bed available!]
- Group Home
- Remain where you currently reside

Actual Housing Options Available

- Institutions/Long Term Residential Care
- Group Home
- Assisted Living
- Shared Care
- Own Apartment

General Housing Eligibility Criteria

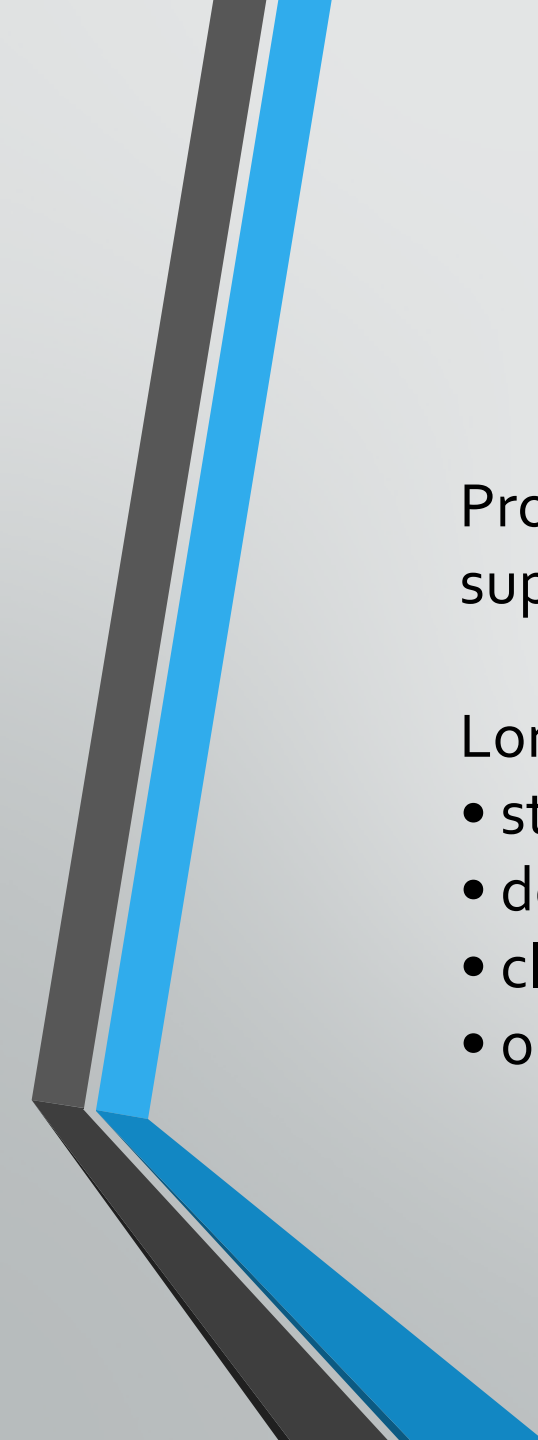
- Canadian citizen
- Resident of BC
- 19 years of age or older

Eligibility for services:

- Recently discharged from an acute care hospital
- Require care to prevent or reduce the need for hospital or emergency department services or admission to a residential care facility
- Life-limiting illness.

Needs Assessment Criteria

In addition to general criteria described above, each service has its own needs assessment criteria that you must meet

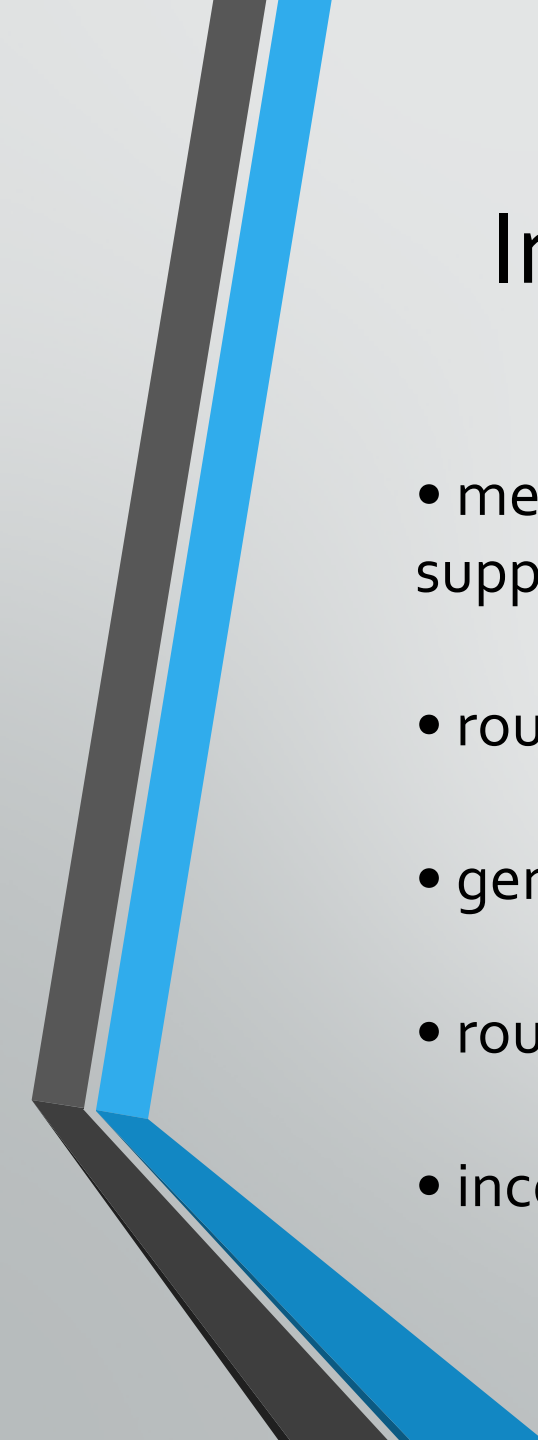


Housing & Care Options: Institutions/Long-Term Residential Care

Provides 24-hour professional supervision and care in a protective, supportive environment

Long-term residential care services include:

- standard accommodation
- development and maintenance of a care plan
- clinical support services
- ongoing, planned physical, social and recreational activities



Housing & Care Options: Institutions/Long-Term Residential Care

- meals, therapeutic diets, tube feeding, meal replacements and nutritional supplements
- routine laundry service
- general hygiene supplies
- routine medical supplies
- incontinence management



Housing & Care Options: Group Homes

- A non-licensed congregate housing arrangement where clients with disabilities share personal care resources
- Maximize independence and support responsibility in areas such as household management, vocational pursuits, and social relationships.
- Generally operated by non-profit societies.
- Group Homes range from single-family dwellings to apartment complexes and usually accommodate four to six residents.

Housing & Care Options: Group Home Eligibility Criteria

To be eligible for group home services you need to be:

- assessed as requiring group home services
- appropriately matched with the residence
- compatible with existing clients
- able to make independent decisions, either individually or in cooperation with other clients.

Housing & Care Options: Assisted Living

Assisted living services include:

- personal care services
- access to basic activity programming such as games, music and crafts
- weekly housekeeping
- access to laundry equipment for personal laundry
- a 24-hour emergency response system



Housing & Care Options: Assisted Living Eligibility Criteria

You must:

- be able to make decisions on your own behalf
- be at significant risk in remaining in your current living environment

Housing & Care Options: Shared Care

Shared Care Housing is a physically accessible environment best suited for younger adults living with chronic conditions that affects their day-to-day living.

Shared Care provides

- A single occupancy apartment
- 24-hour / 7-day support personal care, meal preparation, light housekeeping and laundry
- A Lifeline Emergency Response
- Access to nursing, rehab., dietitian, social work



Housing & Care Options: Shared Care Eligibility Criteria

- Clients whose current environment no longer meets their needs
- Require daily assistance with personal care
- Able to direct own care and fully manage their disability
- Must be flexible, able to negotiate and problem-solve
- Accept the realities of sharing care-giving staff with other tenants

Housing & Care Options: Independent Living

- You remain independent and live in your own home
- Care services provided by Agency or Own Staff through CSIL
- Activities of Daily Living
- Nursing and/or Rehab tasks (OT & PT)
- Respite

How to Access Services while Living Independently

You will need to know:

- how to contact your health authority
- how to prepare for an assessment
- what is involved in making decisions about your care
- developing your care plan
- what to expect once you have been approved for services

What kind of home should I live in?

- On my own?
- Should I live with a roommate?
- Or 2 or 3 roommates?
- Should my roommate be another person with a disability?
- Or should my roommate be someone who can help me with my Care?

What Community Would You Like To Call Home?

- Which Community Should I Choose? A new one or the one that I am in?
- Find a neighborhood that is:
- Wheelchair accessible
- Close to Family, Friends, & other Supports
- Has supportive community resources like:
- Community centre with programs geared toward people with disabilities
- Library
- Malls
- Grocery stores
- Pharmacy
- Restaurants
- Easy access to transit, close to sky train and continuous buses
- Points of interest that suit you

Finding Independent Housing: Top 4 Websites

- Co-op Housing Federation of BC
- www.chf.bc.ca
- BC Housing
- www.bchousing.org
- Metro Vancouver Housing
- www.metrovancouver.org/SERVICES/HOUSING/Pages/default.aspx
- BC Non Profit Housing Association
- www.bcnpha.ca

Co-op Housing Federation of BC

www.chf.bc.ca

- Members own the cooperative
- Board of Directors
- Members work together to maintain building
- Share purchase
- Older units
- List of units where you can apply
- Submit your application to each of the co-ops that you like



Preparing for Co-op Housing Interview

Things to consider before going to a Co-op Housing interview:

- Have an introduction letter prepared based on the Co-op's criteria of a successful tenant
- Offer your time for committee work
- Be aware of the Co-ops participation policy
- Remember 'you' are an active tenant, no landlord exists

BC Housing: How To Apply

www.bchousing.org

- Go to the BC Housing Home page
 - Then go to Find Housing
 - Then select Individuals with Disabilities
 - Important to fill out application
- Step 1: Confirm Your Eligibility
 - Step 2: Select Housing
 - Step 3: Apply to the Housing Registry
 - Step 4: Apply to non-profit and co-operative housing providers
 - Step 5: Keep your application Up-to-Date
 - Fax and photocopy

BC Housing: 5 Programs for Individuals with Disabilities

- **Home Adaptations For Independence** offers Financial assistance for home modifications that improve accessibility and promote safe and independent living.
- **Subsidized Housing** offers Long-term housing with rent geared to income
- **Seniors' Supportive Housing** offers 24-hour response, light housekeeping, meals, social and recreational activities in specially modified rental homes
- **Supportive Housing Registration Service** offers Long-term supportive housing
- **Assisted Living** offers Housing with supports, middle option between home care and residential care
- See Eligibility criteria for these programs and further links on how to apply at <http://www.bchousing.org/Find/Disabled>

BC Housing: Housing Registry

- Information needed to access the Housing Registry can be found at:
- http://www.bchousing.org/Partners/Housing_Registry
- Or Simply contact them:
- The Housing Registry
1701-4555 Kingsway
Burnaby, B.C., V5H 4V8
Tel: 604-433-2218 or 1-800-257-7756
Fax: 604-439-4729
Email: appdoc@bchousing.org
- Apply to non profits and coops which are not part of housing registry:
- http://www.bchousing.org/Options/Subsidized_Housing/Apply/Apply-NP-CO



Metro Vancouver Housing

- When you go to the MVHC Website, you can go to FAQ's. The FAQ's are always a good place to start:
- <http://www.metrovancouver.org/services/housing/Pages/FAQs.aspx>
- You will see a direct link on that page to apply for a unit, here is the link:
- <http://www.metrovancouver.org/about/publications/Publications/MVHCApplicationForm.pdf>
- The link below connects you to available units
- <http://www.metrovancouver.org/SERVICES/HOUSING/Pages/default.aspx>
- MVHC provides Housing for families, seniors and people with mental and/or physical disabilities. Income and occupancy restrictions apply. A limited rental assistance program is available for qualified applicants.
- If you should have any questions contact their office:
- Metro Vancouver Housing
4330 Kingsway
Burnaby, BC V5H 4G8
- Phone:
604-432-6300 Ask for housing reception
- Email: Housing.Inquiries@metrovancouver.org

BC Non Profit Housing Association

www.bcnpha.ca

- Association that supports non profit housing
- Works to establish new policies and best practices

SCI BC: Housing

- [Accessible Housing BC](#)
- <http://accessiblehousingbc.ca/>
- Contains listings of accessible housing in the Lower Mainland for renters and buyers
- Also contains a list of resources regarding housing

List of Websites for Finding Housing

www.accessiblehousingbc.com

www.rentbc.com

- Has listings for major BC communities and you can search by accessibility, price, or pet policy.

www.chf.bc.ca/pages/directory.asp

- Search new co-op vacancies and fill out an application form.

www.vancouver.sun.oodle.com

- Search listings in the Vancouver area.

www.rentline.com

- Search apartments in the Lower Mainland. You can search for wheelchair accessible suites and other features.

Vancouver Resource Society: Subsidized Housing Application

www.vrs.org... Client Services... Housing Application

- **Choose 1 program** from the following list and proceed with application:
- **Independent Apartment Living Program**- live in your own apartment with 24-hour on-call attendant care
- **Independent Shared Living Program** - group homes
- **Assisted Living Program** - group home for individuals who require assistance with daily decision-making
- **Children's Program** - for disabled children, funded through the Ministry of Children and Families
- **Housing Placement Service**
- **Volunteer Program**

What's Next?

WHAT IS CSIL?

- Jan 29th 2015 - 5:30pm – 7pm
- Choices for Support in Independent Living. What is it? How does it work? Is it right for you? How to get more Home Support Hours? Preparation for getting on CSIL or Agency?
- These are all questions we will talk about during this session

SUCCESS ON CSIL

- Feb 9th 2015 – 5:30pm – 7pm
- How do you find success on CSIL?
- We will talk about what you need to succeed on the program and in your quest to live independently